

Our Services Include:

- Counselling:**
- Relationship Counselling
 - Gambling Help Service
 - Rainbow Service (LGBT)
 - Victims Counselling and Support Service
 - Men and Family Relationships

- Separation:**
- Family Dispute Resolution
 - Supporting Children after Separation
 - Children's Contact Service
 - Parenting Orders Program
 - Family Relationships Centre

- Support:**
- Referral for Active Intervention
 - Community Support Service
 - Family Support Service

- Education:**
- Courses
 - Community Education
 - Professional Training & Development

Not all services are available at all venues.

About Us

At Relationships Australia we believe that healthy relationships are essential for the well-being of children, families, individuals and communities.

We are committed to social justice and inclusion, and respect the rights of all people, in all their diversity, to live with dignity and safety, and to enjoy healthy relationships.

These principles underpin our work.

Relationships Australia (Qld) works with you through services tailored to your needs at times of challenge and change in your life.

Relationships Australia
QUEENSLAND

1300 364 277
www.raq.org.au

Relationships Australia QLD
ABN 38110 021 755

Funded by the Australian Government.

Rebound

Relationships Australia
QUEENSLAND



Supporting children and young people after family separation.

1300 364 277

www.raq.org.au

Supporting children and young people after family separation.

Rebound is here to support children to make sense of their parents' separation and to adapt to changes in the family.

We recognise that most parents want the best for their children when family separation occurs.

What is Involved?

We provide individual counselling, children's groups and education skills programs for children and young people.

Rebound Pack

Rebound provides educational and resource packs to support you and your child in regard to separation and the impact of changes in the family.

Counselling

Rebound offers children individual counselling to assist them to make sense of the changes and to equip them with strategies to deal with their particular situation.

Group Work

Rebound offers groups for children and young people. It is often useful for children to know they are not the only ones. Through sharing their experiences and feelings children and young people develop strategies to assist them to cope better.

Educational Programs

Rebound offers educational presentations and materials that can assist everyone to better understand and deal with family separation.

The Benefits

- Children can talk to a neutral person about the changes in their family.
- They can share their experiences with other children in similar situations.
- Children can be assisted to develop resilience and coping strategies, using a variety of activities.
- Children and young people can access information to assist them.
- Their situation is normalised and they don't feel so alone or different.

Who is the Service For?

Children and young people, under 18 years, from a separated family.

