



MACKAY-
WHITSUNDAY
REGION

In This Together

Family Law Pathways Network Mackay-Whitsunday News & Information

We acknowledge the traditional custodians of this land on which we gather and pay our respects to elders past, present and future.



Hi and Welcome to 'In This Together' Newsletter

My name is Amanda and I am the Family Law Pathways Project, Community Engagement and Education Officer. I moved to Mackay in 2012 and worked 7.5 years at headspace Mackay before moving to the Family Relationship Centre. I have a Bachelor of Human Services and have commenced my Bachelor of Laws this year! I look forward to connecting with community organisations around the Mackay-Whitsunday region.

Want something shared?

Email amandashipp@centacarecq.com with any events, education opportunities and news.

Events & Education

Jennifer McIntosh:

Child Inclusive & Developmentally Focused Dispute Resolution



Wednesday, 2 September 2020
1:00-2:30pm AEST

The Family Law Pathways Networks across Australia invite you
to join a free webinar by leading expert Jennifer McIntosh

[Register here](#)

RUOK?™

A conversation could change a life.

Light Lunch with Kayleigh Brewster
from Chances Cafe
&
Kindness Rocks Activity

10 September 2020
12 - 2 PM

The Neighbourhood Hub, 4 George Street
To register: 07 4957 2626 or admin@tnhub.org.au



POPPERS & POPSTARS - Sarina

For young people:

- Whose parents have separated.
- Whose parents are part of the Parenting Orders Program.
- Whose parents are attending mediation.

Arts and Crafts, Safety Planning, Sharing of Ideas, Story time and discussion.

Afternoon tea provided

Available dates and times subject to attendance numbers

WHAT WILL THIS COURSE COVER?

- Supporting young people experiencing parental separation, conflict and change in their family situation.
- Help young people to develop resilience, coping strategies and support networks.
- Explore the challenges young people may face during a time of change.
- Provide a safe and fun environment for young people in which to explore, identify and express their needs, wants and support networks.

An Intake and Assessment will need to be completed with parents and young people. Please call the service for more information.

WHEN

Wednesday 3.15pm
(6 consecutive weeks)
Commencing 21 October 2020
Please call your local service to discuss available dates.

WHERE

St Luke's Anglican Church Hall

BOOK

Spaces are limited, please book early to secure a spot. An Intake appointment is required.

COST

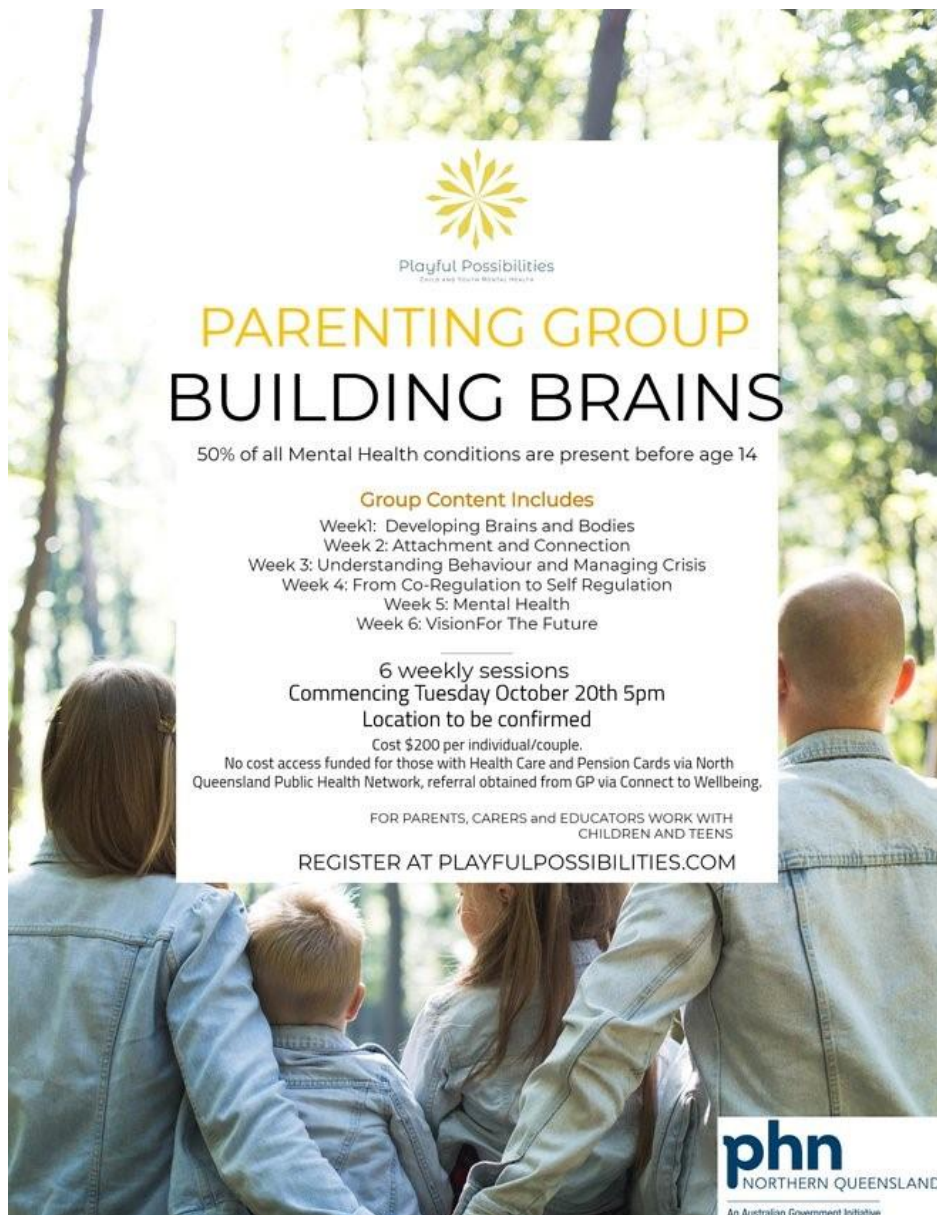
FREE Service


REGISTER

Call 1300 364 277.
For more information, visit www.raq.org.au

www.raq.org.au

Relationships Australia.
QUEENSLAND




Playful Possibilities
Child and Youth Mental Health

PARENTING GROUP BUILDING BRAINS


50% of all Mental Health conditions are present before age 14

Group Content Includes
Week 1: Developing Brains and Bodies
Week 2: Attachment and Connection
Week 3: Understanding Behaviour and Managing Crisis
Week 4: From Co-Regulation to Self Regulation
Week 5: Mental Health
Week 6: Vision For The Future

6 weekly sessions
Commencing Tuesday October 20th 5pm
Location to be confirmed
Cost \$200 per individual/couple.
No cost access funded for those with Health Care and Pension Cards via North Queensland Public Health Network, referral obtained from GP via Connect to Wellbeing.

FOR PARENTS, CARERS and EDUCATORS WORK WITH CHILDREN AND TEENS

REGISTER AT PLAYFULPOSSIBILITIES.COM


NORTHERN QUEENSLAND
An Australian Government Initiative



Click on image to register

Webinar for Counsellors: "Can you move with a child? International, local and everything in between"

**Wednesday 9th September 2020,
1:00 PM - 2:00 PM AEST**

Saving our Kids: Preventing Youth Suicide

Thursday 10th September 2020,

7:00 PM - 8:00 PM AEST

Click on image to register



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Family Relationship Centre

35 Milton Street, Mackay, QLD 4740

Ph: 1300 783 544



An Australian Government Initiative

To find out more about the FLPN please contact the Project Officer, Amanda Shipp

amandashipp@centacarecq.com

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